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1. Treatment Timeline

Date	Provider	Facility	Visit Type	Key Findings	Source
2026-06-14	Sarah E. Martinez, MD	City General Hospital	Emergency Department	Cervical strain with radiculopathy; M50.121; Lumbar strain; Post-traumatic headache; Pain 9/10; CT showed mild C5-C6 bulge	(DummyMedicalRecord_PDF.pdf, p. 6)
2026-06-14	Plano Fire-Rescue Medic 5	City General Hospital	EMS Transport	Neck pain, back pain after MVA; GCS 15; BP 156/94; Cervical collar applied	(DummyMedicalRecord_PDF.pdf, p. 11)
2026-06-21	Michael D. Chen, MD	Texas Orthopedic Associates	Initial Orthopedic Consultation	Persistent neck pain radiating to left arm; 7/10 pain; MRI ordered; EMG ordered	(DummyMedicalRecord_PDF.pdf, p. 14)
2026-06-24	James R. Wilson, MD	Plano Advanced Imaging Center	MRI Cervical Spine	C5-C6 posterior disc herniation with moderate central and left paracentral component; Left C6 nerve root compression	(DummyMedicalRecord_PDF.pdf, p. 21)
2026-06-24	James R. Wilson, MD	Plano Advanced Imaging Center	MRI Lumbar Spine	Mild disc desiccation L3-L4; Mild disc bulges L4-L5 and L5-S1; No nerve root compression	(DummyMedicalRecord_PDF.pdf, p. 23)
2026-06-28	Amanda Rose Johnson, PT, DPT, OCS	Dallas Sports & Spine PT	Physical Therapy Initial Evaluation	Cervical disc herniation C5-C6 with radiculopathy; Pain 7/10 rest; ROM Flexion 30°; Spurling's positive	(DummyMedicalRecord_PDF.pdf, p. 30)

Date	Provider	Facility	Visit Type	Key Findings	Source
2026-07-08	Emily Chen-Reyes, MD	Plano Neurodiagnostic Center	EMG / Nerve Conduction Studies	Mild acute left C6 radiculopathy; Reduced recruitment, large polyphasic MUAPs in left Flexor Carpi Radialis	(DummyMedicalRecord_PDF.pdf, p. 27)
2026-07-15	Patricia A. Lee, MD	Plano Family Medicine	Primary Care Follow-Up (1st)	MVA with cervical radiculopathy improving; Hypertension controlled; Anxiety mild	(DummyMedicalRecord_PDF.pdf, p. 42)
2026-07-19	Michael D. Chen, MD	Texas Orthopedic Associates	Orthopedic Follow-Up (4 weeks)	C5-C6 disc herniation improving; Neck pain 5/10 rest; Returned to light duty work	(DummyMedicalRecord_PDF.pdf, p. 17)
2026-08-01	Amanda Rose Johnson, PT, DPT, OCS	Dallas Sports & Spine PT	Physical Therapy Progress Note (Week 5)	Returned to full-time work; Neck pain 4/10 rest; ROM Flexion 44°	(DummyMedicalRecord_PDF.pdf, p. 33)
2026-08-10	Emily Chen-Reyes, MD	Texas Neurology Associates	Neurology Consultation	Mild left C6 radiculopathy improving; No evidence of myelopathy	(DummyMedicalRecord_PDF.pdf, p. 38)
2026-08-16	Michael D. Chen, MD	Texas Orthopedic Associates	Orthopedic Follow-Up (8 weeks)	C5-C6 disc herniation significantly improved; Lumbar strain resolved; Discharged from PT	(DummyMedicalRecord_PDF.pdf, p. 18)
2026-09-02	Patricia A. Lee, MD	Plano Family Medicine	Primary Care Follow-Up (2nd)	MVA recovery progressing well; HTN improved; Anxiety resolved	(DummyMedicalRecord_PDF.pdf, p. 43)
2026-09-13	Michael D. Chen, MD	Texas Orthopedic Associates	Orthopedic Follow-Up (12 weeks)	C5-C6 disc herniation stable; Residual mild neck pain; Occasional left arm paresthesia	(DummyMedicalRecord_PDF.pdf, p. 26)

Date	Provider	Facility	Visit Type	Key Findings	Source
2026-09-15	Rachel A. Patel, MD	Plano Pain Management Center	Pain Management Consultation	Residual neck pain 3-4/10; Intermittent left arm paresthesia; Gabapentin started	(DummyMedicalRecord_PDF.pdf, p. 40)
2026-09-20	James R. Wilson, MD	Plano Advanced Imaging Center	MRI Cervical Spine (Follow-Up)	Stable C5-C6 disc herniation; No interval change; Persistent left C6 nerve root compression	(DummyMedicalRecord_PDF.pdf, p. 21)
2026-11-10	Rachel A. Patel, MD	Plano Pain Management Center	Pain Management Follow-Up	Cervical radiculopathy improving; Residual neuropathic pain improved; Meloxicam added	(DummyMedicalRecord_PDF.pdf, p. 41)
2026-11-15	Patricia A. Lee, MD	Plano Family Medicine	Primary Care Follow-Up (3rd)	MVA recovery excellent; HTN controlled; Anxiety resolved	(DummyMedicalRecord_PDF.pdf, p. 44)
2026-12-10	Emily Chen-Reyes, MD	Texas Neurology Associates	Neurology Follow-Up	Left C6 radiculopathy significantly improved; Sensation intact	(DummyMedicalRecord_PDF.pdf, p. 39)
2026-12-15	Michael D. Chen, MD	Texas Orthopedic Associates	Orthopedic Follow-Up (6 months)	C5-C6 disc herniation stable; No interval worsening; Residual mild neck pain 2/10	(DummyMedicalRecord_PDF.pdf, p. 29)
2026-12-15	James R. Wilson, MD	Plano Advanced Imaging Center	MRI Cervical Spine (6-Month)	Stable C5-C6 disc herniation; Stable left C6 nerve root compression; No interval change	(DummyMedicalRecord_PDF.pdf, p. 21)
2026-12-20	Emily Chen-Reyes, MD	Plano Neurodiagnostic Center	EMG / Nerve Conduction Studies (Follow-Up)	Improving left C6 radiculopathy; No active denervation; Normal recruitment	(DummyMedicalRecord_PDF.pdf, p. 28)

2. Diagnostic Summary

ICD-10	Diagnosis	Date First Diagnosed	Provider	Source
S13.4XXA	Cervical strain with radiculopathy	2026-06-14	Sarah E. Martinez, MD	(DummyMedicalRecord_PDF.pdf, p. 6)
M50.121	Cervical disc herniation C5-C6 with radiculopathy	2026-06-14	Sarah E. Martinez, MD	(DummyMedicalRecord_PDF.pdf, p. 6)
M54.5	Low back pain / lumbar strain	2026-06-14	Sarah E. Martinez, MD	(DummyMedicalRecord_PDF.pdf, p. 6)
G44.309	Post-traumatic headache	2026-06-14	Sarah E. Martinez, MD	(DummyMedicalRecord_PDF.pdf, p. 6)
M79.641	Pain in right hand (seatbelt injury)	2026-06-14	Sarah E. Martinez, MD	(DummyMedicalRecord_PDF.pdf, p. 6)
I10	Essential hypertension (pre-existing)	2026-06-14	Sarah E. Martinez, MD	(DummyMedicalRecord_PDF.pdf, p. 6)

3. Imaging & Diagnostic Tests

CT Cervical Spine (06/14/2026): Mild disc bulge at C5-C6; Straightening of cervical lordosis; No acute fracture (DummyMedicalRecord_PDF.pdf, p. 8). **CT Lumbar Spine (06/14/2026):** Mild degenerative changes L4-L5; No acute fracture (DummyMedicalRecord_PDF.pdf, p. 8). **CT Head (06/14/2026):** No acute intracranial abnormality; No skull fracture; No hemorrhage (DummyMedicalRecord_PDF.pdf, p. 8). **Chest X-Ray (06/14/2026):** No acute cardiopulmonary process; No rib fractures; No pneumothorax (DummyMedicalRecord_PDF.pdf, p. 8). **MRI Cervical Spine (06/24/2026):** C5-C6 posterior disc herniation with moderate central and left paracentral component; Moderate central canal stenosis; Left C6 nerve root compression (DummyMedicalRecord_PDF.pdf, p. 21). **MRI Lumbar Spine (06/24/2026):** Mild disc desiccation L3-L4; Mild disc bulges L4-L5 and L5-S1; No nerve root compression (DummyMedicalRecord_PDF.pdf, p. 23). **EMG/NCS Left UE (07/08/2026):** Mild acute left C6 radiculopathy; Reduced recruitment, large polyphasic MUAPs in left Flexor Carpi Radialis, Pronator Teres, and Biceps Brachii (DummyMedicalRecord_PDF.pdf, p. 27). **MRI Cervical Spine (09/20/2026):** Stable C5-C6 disc herniation; No interval change; Persistent left C6 nerve root compression (DummyMedicalRecord_PDF.pdf, p. 21). **MRI Cervical Spine (12/15/2026):** Stable C5-C6 disc herniation; Stable left C6 nerve root compression; No interval change (DummyMedicalRecord_PDF.pdf, p. 21). **Repeat EMG/NCS (12/20/2026):** Improving left C6 radiculopathy; No active denervation; Normal recruitment (DummyMedicalRecord_PDF.pdf, p. 28).

4. Provider Summary

Provider	Specialty	Total Visits	Date Range
Sarah E. Martinez, MD	Emergency Medicine	1	2026-06-14
Michael D. Chen, MD	Orthopedic Spine Surgery	5	2026-06-21 to 2026-12-15
James R. Wilson, MD	Diagnostic Radiology	3	2026-06-24 to 2026-12-15
Emily Chen-Reyes, MD	Neurology	3	2026-07-08 to 2026-12-10
Amanda Rose Johnson, PT, DPT, OCS	Physical Therapy	24 sessions	2026-06-28 to 2026-08-22
Rachel A. Patel, MD	Pain Management	2	2026-09-15 to 2026-11-10
Patricia A. Lee, MD	Family Medicine	3	2026-07-15 to 2026-11-15
David Kim, PharmD	Pharmacy	5 fills	2026-06-14 to 2026-12-10
Mark Stevens, MD	Emergency Radiology	1	2026-06-14

5. Treatment Narrative

The patient, John Michael Anderson, sustained injuries in a rear-end motor vehicle collision on 2026-06-14. He presented to the Emergency Department at City General Hospital with severe neck pain (9/10) radiating to the left arm and lower back pain. Initial CT imaging ruled out fractures but revealed a mild C5-C6 disc bulge. The patient was discharged with prescriptions for Ibuprofen, Cyclobenzaprine, and Oxycodone.

Following the accident, the patient underwent a comprehensive workup including MRI of the cervical and lumbar spines on 2026-06-24, which confirmed a C5-C6 disc herniation with moderate central and left paracentral component causing left C6 nerve root compression. An EMG/NCS on 2026-07-08 confirmed mild acute left C6 radiculopathy. Treatment consisted of physical therapy (24 sessions at Dallas Sports & Spine PT), orthopedic follow-ups, neurology consultations, and pain management. The patient returned to full-time work on 2026-08-01. By the 6-month mark on 2026-12-15, imaging showed a stable disc herniation with no interval worsening, and the patient reported residual mild neck pain (2/10) and occasional left hand paresthesia.

6. Treatment Gaps

No treatment gaps of 30 days or more identified.